



Store these instructions with the enclosed maintenance checklist in a safe place. You may also access them on our website.

# Instruction Sheet

## Half Round Swinging Bolster 1090



Take time to familiarize yourself with the use and maintenance of this equipment before using. Please file this Instruction Sheet in an accessible location: the Instruction Sheet must be read and familiar to anyone who is using Southpaw Enterprises Equipment.

**IMPORTANT: Please check equipment immediately for any damage that may have resulted during shipping. If any damage has occurred, please contact Southpaw Enterprises, Inc. immediately.**

Warning: Failure to properly install a forged steel eyebolt (1/2" or 5/8") may result in serious injury or death. If you have any questions about the installation of the forged steel eyebolt, please contact Southpaw Enterprises Customer Service at 1-800-228-1698.

### MATERIALS LIST

- 1 - Half Round Swinging Bolster
- 2 - Safety Snaps
- 1 - Safety Snap Instruction Sheet
- 1 - Instruction Sheet
- 1 - Maintenance Checklist

### SPACE REQUIREMENTS

- Minimum height must be 8 feet
- Clearance from walls and other obstacles must be at least 6 ft.

### HANGING PROCEDURE

**Note:** Half Round Swinging Bolster will hang from 2 or 4 suspension points. If 4 points are used, you will need 2 more safety snaps. Height Adjusters (5000) and Safety Rotational Devices (2000) are recommended but not included with Bolster. Be sure to use Southpaw Therapy Rope (150) and Eye Splice (151) with Southpaw Height Adjuster.

Attach your Bolster to your ceiling eye bolts with the Safety Snaps provided. Recommended suspension points must be between 3-1/2 ft. and 5-1/2 ft. apart as this is the most stable configuration. It *can* also be suspended from a single suspension point, however you must use a Safety Rotational Device (2000) for this configuration. If you wish to suspend your Bolster from 4 points you will need 2 additional Southpaw Safety Snaps. The second set of suspension points for the Bolster should be parallel to the first set, and about 1-1/2 ft. to 2 ft apart from each other.

**WORKING LOAD:** 150 lbs.

### MAINTENANCE CHECKLIST

All of the following wear points should be checked on a monthly basis and recorded on the checklist enclosed.

- Check Safety Snaps for wear. See the enclosed Safety Snap Instruction Sheet for inspection guidelines.
- Check the ropes for loose or missing splice locks.

**NOTE:** A splice lock is the metal rope staple near both ends of the rope.

- Check the ropes for wear at the top end where it rubs against the Safety Snaps and at the bottom end where it goes through the holes in the board. If there is excessive wear, discontinue use and call Southpaw to replace ropes.
- Check all wooden parts for chips or splinters. If found, discontinue use until repaired. To repair, sand smooth and refinish with polyurethane.

## STORAGE PROCEDURES

- Store out of direct sunlight.
- Store where not accessible by clients without proper supervision.

## CLEANING INSTRUCTIONS

Check with your infectious disease department before using these procedures.

- Check for client allergies first.
- Bolster may be cleaned with a damp cloth using soap and water or appropriate disinfectant.
- Lines may be cleaned with a damp cloth.
- Make sure unit is dry before using.

## CAUTION

- ◆ **Check ceiling eye bolt for wear and movement. Use a Southpaw Safety Rotational Device to prevent abnormal wear.**
- ◆ **Floor mats of proper thickness should be positioned properly under and around all suspended equipment.**

**Safety Precautions** - The safety of your clients is dependent on the appropriate choice of activity to match, yet challenge their physical abilities. Use appropriate spotting / safety techniques. In addition, the layout of your activity area, proper installation and maintenance of your equipment is critical. Southpaw equipment is not intended for recreational or outdoor use. Under no condition should this equipment be used without proper supervision.

**This sheet is for example only.** It is not meant to, in any way, replace local, county, state, or Federal standards. Be aware - it is your responsibility to find all pertinent safety information that pertains to your facility.

If you have any questions or comments, please call or write  
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