

southpaw enterprises, inc.®

Instruction Sheet Hand Holds Set of 20 - 110022

Store these instructions along with the enclosed maintenance checklist in a safe place. You may also access them on our website.



Take time to familiarize yourself with the use and maintenance of this equipment before using. Please file this Instruction Sheet in an accessible location: the Instruction Sheet must be read and familiar to anyone who is using Southpaw Enterprises Equipment.

IMPORTANT: Please check equipment immediately for any damage that may have resulted during shipping. If any damage has occurred, please contact Southpaw Enterprises, Inc. immediately.

Caution should be used at all times when using this equipment. It is imperative that clients be under constant supervision while climbing. Mats of appropriate thickness should be used. A client's strength, skills, and abilities must be taken into consideration when determining how closely to spot him or her. Some clients will require almost constant, hands-on support, while others may be able to climb completely without assistance. You, as the therapist, must make this decision based on your knowledge of the client's skills and aptitude. Do not have more than one client on the wall at a time unless proper supervision can be administered for each client. Failure to take these things into consideration increases risk of mishap or injury.

MATERIALS LIST:

20 - Hand-holds with attachment bolts

TOOLS NEEDED:

5/16" Hex Allen Wrench

ATTACHING THE HAND-HOLDS:

1. Attach the hand-holds by using the appropriate length socket head bolt through the hole in the hand-hold into the threaded holes in the panel and tighten with the hex wrench provided. These may be placed to suit the activities and skill level of the users.
2. Check carefully inside the hole of each hand-hold to see if there is a washer present in order to select the proper bolt
(see *picture at right*).

MAINTENANCE CHECKLIST:

Weekly:

- All hand-holds **MUST** be checked and tightened on a daily or weekly basis, depending on the frequency of use. These holds **WILL** loosen with frequent use and changes in humidity.

Monthly:

- Check for cracked or broken hand-holds. In the unlikely event that one breaks or cracks, discontinue use immediately.

CLEANING INSTRUCTIONS:

- Hand-holds may be cleaned by soaking them in hot soapy water and then rinse with a sprayer. Hand-holds will air dry quickly.

Safety Precautions - The safety of your clients is dependent on the appropriate choice of activity to match, yet challenge their physical abilities. Use appropriate spotting / safety techniques. In addition, the layout of your activity area, proper installation and maintenance of your equipment is critical. Southpaw equipment is not intended for recreational or outdoor use. Under no condition should this equipment be used without proper supervision.

This sheet is for example only. It is not meant to, in any way, replace local, county, state, or Federal standards. Be aware - it is your responsibility to find all pertinent safety information that pertains to your facility.



If you have any questions or comments, please call or write
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