



Instruction Sheet

Flexion Disc Board Large 1914/Small 1913

Store these instructions with the enclosed maintenance checklist in a safe place. You may also access them on our website.



Take time to familiarize yourself with the use and maintenance of this equipment before using. Please file this Instruction Sheet in an accessible location: the Instruction Sheet must be read and familiar to anyone who is using Southpaw Enterprises Equipment.

IMPORTANT: Please check equipment immediately for any damage that may have resulted during shipping. If any damage has occurred, please contact Southpaw Enterprises, Inc. immediately.

MATERIALS LIST:

- 1 - Large Flexion Disc Board with Carpet
- 1 - Instruction Sheet
- 1 - Maintenance Checklist

Warning: Failure to properly install a forged steel eyebolt (1/2" or 5/8") may result in serious injury or death. If you have any questions about the installation of the forged steel eyebolt, please contact Southpaw Enterprises Customer Service at 1-800-228-1698.

Instructions For Use:

The Large Flexion Disc Board is designed to be used with the Southpaw Flexion Disc Swing. To use the board, remove the four button head cap screws and washers that secure the standard disc to the swing and replace it with the large board. Replace the four washers and button head cap screws and tighten securely.

MAINTENANCE CHECKLIST:

All of the following wear points should be checked on a monthly basis and recorded on the checklist enclosed.

- Check carpet for loose staples. Remove any staples that are loose.
- Check padded edge for loose spots.
- Check bottom of swing for loose acorn nuts, and tighten as necessary. **Extensive use will loosen acorn nuts.**

STORAGE PROCEDURES:

- Store out of direct sunlight.
- Store where not accessible by clients without proper supervision.

CLEANING INSTRUCTIONS:

- Check with your infectious disease department before using these procedures.
- Check for client allergies first.
- Do not immerse in water. Carpet is not machine washable.
- Vacuum carpet. Carpet may be cleaned with foam carpet cleaner. Dry before using.

MATTING PRECAUTIONS:

- Always use appropriate matting.

CAUTION

- ◆ Check ceiling eye bolt for wear and movement. Use a Southpaw Safety Rotational Device to prevent abnormal wear.
- ◆ Floor mats of proper thickness should be positioned properly under and around all suspended equipment.

Safety Precautions - The safety of your clients is dependent on the appropriate choice of activity to match, yet challenge their physical abilities. Use appropriate spotting / safety techniques. In addition, the layout of your activity area, proper installation and maintenance of your equipment is critical. Southpaw equipment is not intended for recreational or outdoor use. Under no condition should this equipment be used without proper supervision.

This sheet is for example only. It is not meant to, in any way, replace local, county, state, or Federal standards. Be aware - it is your responsibility to find all pertinent safety information that pertains to your facility.

If you have any questions or comments, please call or write
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