



SOUTHPAW[®]

Store these instructions with the enclosed maintenance checklist in a safe place. You may also access them on our website.

Instruction Sheet Flexion T-Bar Swing 1919



Take time to familiarize yourself with the use and maintenance of this equipment before using. Please file this Instruction Sheet in an accessible location: the Instruction Sheet must be read and familiar to anyone who is using Southpaw Enterprises Equipment.

IMPORTANT: Please check equipment immediately for any damage that may have resulted during shipping. If any damage has occurred, please contact Southpaw Enterprises, Inc. immediately.

Warning: Failure to properly install a Southpaw forged steel eyebolt (1/2" or 5/8") may result in serious injury or death. If you have any questions about the installation of the Southpaw forged steel eyebolt, please contact Southpaw Enterprises customer service at 1-800-228-1698.

MATERIALS LIST:

1 - Flexion T-Bar (fully assembled) 1 - Instruction Sheet
1 - Web Pull Strap 1 - Maintenance Checklist

MINIMUM HEIGHT REQUIREMENT AND SPACE NEEDED:

Minimum height required is 8 feet. Caution must be used to keep a clear distance of 6 feet from walls and other obstacles.

SAFETY SNAP AND SAFETY ROTATIONAL DEVICE NEEDED:

Use of the Southpaw Safety Snap (#100) is required for hanging this equipment.
A Southpaw Safety Rotational Device (#2000) must be used to prevent damage to the cable in the Flexion T-Bar Swing.

WORKING LOAD: 350 lbs

HANGING PROCEDURE:

Put a Southpaw Safety Snap through the metal lined braided wire loop on top of the T-Bar.
Hang Flexion T-Bar Swing by the Safety Snap from your support system using a Southpaw Safety Rotational Device.

MAINTENANCE CHECKLIST:

All of the following wear points should be checked on a monthly basis and recorded on the checklist enclosed.

- Check Safety Snap for wear. See your Safety Snap Instruction Sheet for inspection guidelines.
- Check cable for wear. If any fraying occurs, discontinue use immediately until repaired.

STORAGE PROCEDURES:

- Store where not accessible by clients without proper supervision.

CLEANING INSTRUCTIONS:

Check with your infectious disease department before using these procedures.

- Check for client allergies first.
- Vinyl may be wiped with a damp cloth using soap and water of disinfectant. Dry before using.

CAUTION

- ◆ Check ceiling eye bolt for wear and movement. Use a Southpaw Safety Rotational Device to prevent abnormal wear.
- ◆ Floor mats of proper thickness should be positioned properly under and around all suspended equipment.

Safety Precautions - The safety of your clients is dependent on the appropriate choice of activity to match, yet challenge their physical abilities. Use appropriate spotting / safety techniques. In addition, the layout of your activity area, proper installation and maintenance of your equipment is critical. Southpaw equipment is not intended for recreational or outdoor use. Under no condition should this equipment be used without proper supervision.

This sheet is for example only. It is not meant to, in any way, replace local, county, state, or Federal standards. Be aware - it is your responsibility to find all pertinent safety information that pertains to your facility.

If you have any questions or comments, please call or write
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Please visit us at southpaw.com
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EQUIPMENT MAINTENANCE CHECKLIST

Date: _____

Inspection Action: (I) Inspect (R) Replace

EQUIPMENT INFORMATION			WEAR POINTS																
Equipment Name:	A																		
Purchase Date:	B																		
Date of Installation	C																		
Installation Site:	D																		
Location of Instruction	E																		
Sheets:	F																		
	G																		
	H																		
	I																		
	J																		
	K																		
	L																		
NOTES:																			
DATE	INSPECTOR	COMMENTS																	

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