



# Instruction Sheet

## Custom Support System 7000

Store these instructions with the enclosed maintenance checklist in a safe place. You may also access them on our website.



**WARNING!** Eye bolts will wear with use and must be inspected on a regular basis. Discontinue use of eyebolt and replace immediately when wear begins to show. Do not let wear exceed 30% of the eye bolt.

**IMPORTANT:** Please check equipment immediately for any damage that may have resulted during shipping. If any damage has occurred, please contact Southpaw Enterprises, Inc. immediately.

Warning: Failure to properly install a forged steel eyebolt (1/2" or 5/8") may result in serious injury or death. If you have any questions about the installation of the forged steel eyebolt, please contact Southpaw Enterprises Customer Service

### MATERIALS LIST

2 - Padded Bases	16 - Positive Lock Nuts
2 - Padded Uprights	24 - Washers
1 - Cross Beam with Eye Bolts	1 - Instruction Sheet
16 - 4-1/2" Bolts	1 - Maintenance Checklist

### TOOLS NEEDED FOR ASSEMBLY

2 - Wrenches (3/4" or adjustable)  
Step Ladder

### CLEANING INSTRUCTIONS

Wipe with a damp cloth.

### HEIGHT ADJUSTER OR SAFETY ROTATIONAL NEEDED

A Southpaw Safety Rotational Device (#2000) should be used with all equipment to prevent damage to equipment. A Southpaw Height Adjuster # 5000) will make adjusting the height of your equipment easier.

**WORKING LOAD:** 1500 lbs.

### MAINTENANCE CHECKLIST

All of the following wear points should be checked on a daily, weekly or monthly basis (as indicated) and recorded on the checklist enclosed.

- Try to turn the eye bolt on a **DAILY** basis. If it turns at all, remove the eye bolt, coupling nut and lock nuts. Clean each piece and then re-install per the directions using Loctite 242 threadlocker.
- Check all nuts and bolts making certain that they are tight on a weekly basis.
- **WARNING:** Check eye bolt for wear and movement. If more than 30% of the thickness of the eye bolt is worn away (See fig. 1), discontinue use until replaced. If the eyebolt moves excessively, discontinue use until all hardware is checked and tightened.
- Use a Southpaw Safety Rotational Device (item #2000) to prevent abnormal wear and damage to equipment.
- A small amount of grease at the point where the eye bolt and safety snap connect will greatly extend the life of the eye bolt and safety snap.

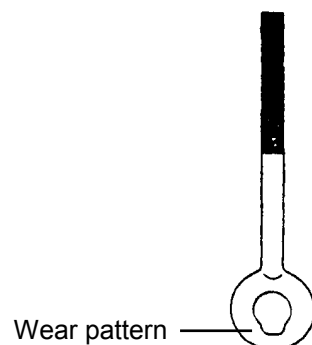


Fig. 1

## ASSEMBLY INSTRUCTIONS (See diagram on Page 3)

You will need 2 or 3 strong people to assemble your Custom Support System.

- Put one upright on base, lining up bolt holes. Put a washer on a bolt and put it through a set of lined up holes, and put a washer on the other end of the bolt. Put a nut on the bolt and tighten finger tight.
- Repeat this step with the other three holes, then using the adjustable or 3/4" wrench tighten all 4 bolts securely.
- Have one person tip this upright over just far enough that the other person can lift the cross beam up and line up the bolt holes. Put a bolt through the lined up holes, through the beam first and then through the upright. Put a washer on the end of the bolt and tighten finger tight. Repeat with the other 3 holes in this section. **Do not tighten at this time.**
- Assemble the other base and upright.
- Lift the cross bar up on a ladder and line up the holes in the cross bar with the holes in the upright. Put the bolts in the holes the same as the other end.
- Tighten all bolts securely and slide the covers down to cover the bolts at the bottom of the upright.



Take time to familiarize yourself with the use and maintenance of this equipment before using. Please file this Instruction Sheet in an accessible location: the Instruction Sheet must be read and familiar to anyone who is using Southpaw Enterprises Equipment.

## CAUTION

- ◆ **Check ceiling eye bolt for wear and movement. Do not let wear exceed 30% of eyebolt. If the eye bolt moves excessively, discontinue use until all hardware is checked and tightened. Use a Southpaw Safety Rotational Device to prevent abnormal wear.**
- ◆ **Floor mats of proper thickness should be positioned properly under and around all suspended equipment.**

**Safety Precautions** - The safety of your clients is dependent on the appropriate choice of activity to match, yet challenge their physical abilities. Use appropriate spotting / safety techniques. In addition, the layout of your activity area, proper installation and maintenance of your equipment is critical. Southpaw equipment is not intended for recreational or outdoor use. Under no condition should this equipment be used without proper supervision.

**This sheet is for example only.** It is not meant to, in any way, replace local, county, state, or Federal standards. Be aware - it is your responsibility to find all pertinent safety information that pertains to your facility.

If you have any questions or comments, please call or write Southpaw Enterprises, Inc.

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Please visit us @ [www.southpaw.com](http://www.southpaw.com)

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