



Store these instructions in a safe place with the enclosed maintenance checklist.

# Instruction Sheet

## HD C-Stand Linear Motion Bar 7152



Take time to familiarize yourself with the use and maintenance of this equipment before using. Please file this Instruction Sheet in an accessible location. The Instruction Sheet must be read and familiar to anyone who is using Southpaw Enterprises Equipment.

**IMPORTANT: Please check equipment immediately for any damage that may have resulted during shipping. If any damage has occurred, please contact Southpaw Enterprises, Inc. immediately.**

Warning: Failure to properly install a Southpaw forged steel eyebolt (1/2" or 5/8") may result in serious injury or death. If you have any questions about the installation of the Southpaw forged steel eyebolt, please contact Southpaw Enterprises Customer Service at 1-800-228-1698.

### MATERIALS LIST:

- |  |                            |
|--|----------------------------|
| 1 - Linear Motion Bar with two shackles (2-0060, 2-XH0062, 2-XH0061, 2-XH0063) | 2 - 1/2" Hex Nuts (XH1006) |
| 2 - Height Adjustment Straps (SUB0120)   |                            |
| 2 - 1/2" x 7" Hex Head Bolts (XH90545)   | 1 - Instruction Sheet      |
| 4 - 1/2" Flat Washers (XH1104)   | 1 - Maintenance Checklist  |
| 2 - 1/2" Split Lock Washers (XH7052)   |                            |

### ASSEMBLY: (Refer to assembled picture on reverse side).

- Position the Motion Bar centered on top of the HD C-Stand tube at the end of the tubes with the green shock pad facing up and shackles facing down.
- Put a 1/2" flat washer on each of the 1/2" x 7" hex head bolts. Put one bolt through a hole in the linear motion bar from the side opposite the shock pad. This bolt will go through the last hole of the upright at the end repeat for other hole.
- Put a flat washer, a split lock washer, and a nut on the bolt. Repeat with the bolt on the opposite side of the tube.
- Tighten the bolts and nuts evenly on both sides.

### MAINTENANCE CHECKLIST:

All of the following wear points should be checked on a monthly basis and recorded on the checklist enclosed.

- Check that all bolts are tight. If loose bolts are found, tighten before further use.
- Check eye bolts for movement and wear. If movement is found, tighten the eyebolt. If excessive wear is found, contact Southpaw for replacement parts.

### STORAGE PROCEDURES:

- Store where not accessible by clients without proper supervision.

### CLEANING INSTRUCTIONS:

- Check with your infectious disease department before using these procedures.
- Check for client allergies first.
- Wipe with a damp cloth using soap and water or disinfectant.
- Dry before using.

**Safety Precautions** - The safety of your clients is dependent on the appropriate choice of activity to match, yet challenge their physical abilities. Use appropriate spotting / safety techniques. In addition, the layout of your activity area, proper installation and maintenance of your equipment is critical. Southpaw equipment is not intended for recreational or outdoor use. Under no condition should this equipment be used without proper supervision.

**This sheet is for example only.** It is not meant to, in any way, replace local, county, state, or Federal standards. Be aware - it is your responsibility to find all pertinent safety information that pertains to your facility.

If you have any questions or comments, please call or write Southpaw Enterprises, Inc.

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