



## Instruction Sheet Therapy Rope

Store these instructions with the enclosed maintenance checklist in a safe place. You may also access them on our website.



Take time to familiarize yourself with the use and maintenance of this equipment before using. Please find this Instruction Sheet in an accessible location: the Instruction Sheet must be read and familiar to anyone who is using Southpaw Enterprises Equipment.

Warning: Failure to properly install a forged steel eye bolt (1/2" or 5/8") may result in serious injury or death. If you have any questions about the installation of the forged steel eye bolt, please contact Southpaw Enterprises Customer Service at 1-800-228-1698.

### MATERIALS LIST

- 1 - Therapy Rope with Eye Splice
- 1 - Instruction Sheet
- 1 - Maintenance Checklist

### MINIMUM HEIGHT REQUIREMENT AND SPACE NEEDED

- 8 Feet
- Use care to assure a clear distance of six feet from walls and other obstacles.

### HEIGHT ADJUSTER OR SAFETY ROTATIONAL DEVICE NEEDED

- ◆ With all Southpaw Suspended Equipment a Southpaw Safety Rotational Device (2000) must be used to prevent damage to your equipment. **All warranties are void if a Safety Rotational is not used or if equipment is used with a rotational device not approved by Southpaw.**
- ◆ A Southpaw Height Adjuster (5000) may be needed to adjust your equipment to the correct height for your client.
- ◆ Attach your rope to your Safety Rotational Device with a Southpaw Safety Snap (0100).

WORKING LOAD: 1000 pounds

### MATTING PRECAUTIONS

- Crash mats and side mats must be used with all suspended equipment.

### MAINTENANCE CHECKLIST

- All of the following wear points should be checked on a monthly basis and recorded on the checklist enclosed:
- Check the metal lining in the loop at the top end of the rope for sharp edges and wear. If sharp edges are present or if the loop wears through completely discontinue use.
- **Check rope for cuts or fraying. If rope appears to have broken fibers, discontinue use and replace at once.**
- Check metal swage (see drawing) for sharp edges. If sharp edges are present they may be sanded smooth, if this is not possible discontinue use.
- Check to make sure short end of rope is sticking out of metal swage and loop has not enlarged. If loop has enlarged or short end of rope has slipped inside swage discontinue use.

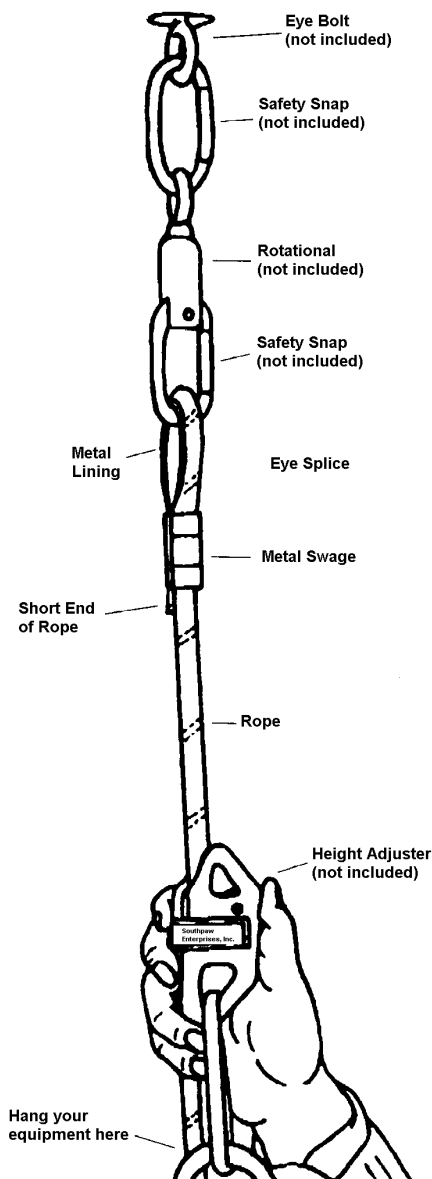


Figure 4

### TO SHORTEN ROPE

1. Wrap cutting point with masking tape. (see fig. 1).
2. Cut with a sharp knife in the middle of tape. (see fig. 2). Take care not to pull rope sideways.
3. Sear new exposed end using a lighter or stove. (see fig. 3). (When using a stove make sure it is turned on high. Lower temperature will allow melted rope to stick to the stove.)

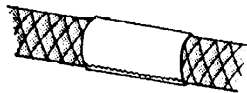


Fig. 1

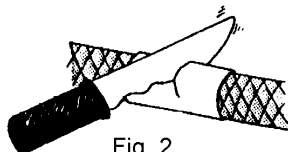


Fig. 2

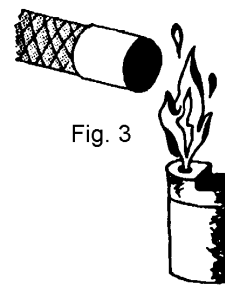


Fig. 3

### SPECIAL NOTES

- Rope color may change without notice.

Do not use Safety Rotational Device when using with Flying Trapeze (1960). The Flying Trapeze is the only piece of suspended equipment which utilizes Therapy Rope that you do not use the Safety Rotational Device with.

### STORAGE PROCEDURES

- Do not store Therapy Rope in direct sunlight, near chemicals or household cleaners.

### CLEANING INSTRUCTIONS

- DO NOT TRY TO CLEAN ROPE

### CAUTION

Sear rope in well ventilated area.  
Keep area clear of combustible materials

### CAUTION

- ◆ Check ceiling eye bolt for wear and movement. Use a Southpaw Safety Rotational Device to prevent abnormal wear.
- ◆ Floor mats of proper thickness should be positioned properly under and around all suspended equipment.

**Safety Precautions** - The safety of your clients is dependent on the appropriate choice of activity to match, yet challenge their physical abilities. Use appropriate spotting / safety techniques. In addition, the layout of your activity area, proper installation and maintenance of your equipment is critical. Southpaw equipment is not intended for recreational or outdoor use. Under no condition should this equipment be used without proper supervision.

**This sheet is for example only.** It is not meant to, in any way, replace local, county, state, or Federal standards. Be aware - it is your responsibility to find all pertinent safety information that pertains to your facility.



**Southpaw  
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